

MULTI-SPORTS CLASSES

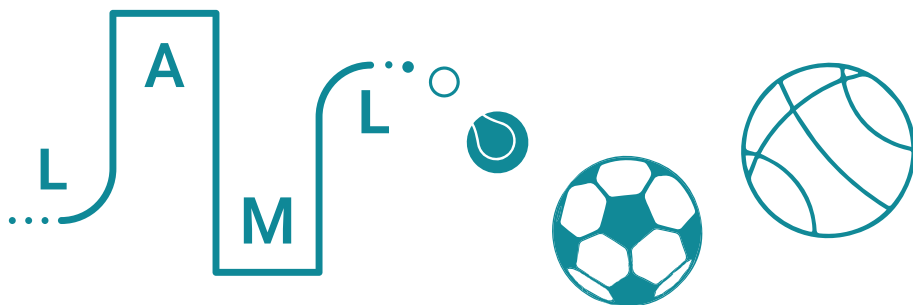
Convictions and objectives

- Being a sports person means being aware of your body functions, working as part of a team, taking on challenges, not being afraid of failure... In other words, all the elements a young person needs in order to face up modern days society.
- These are the reasons why we are offering interested pupils the opportunity to take part in a multi-sports class from 7th up to the 4th year of secondary school.
- The aim of this project is to promote sports as a way of learning and acquiring new skills. Based on the idea of living a healthy life and taking part in multi-sport activities, this class combines an interest in sports while integrating other subjects, through interdisciplinary teaching.

Student profile and admission criteria

- Pupils must be sports enthusiasts and have an interest in different disciplines.
- The student enrolls in one of the sports sections on offer and participates regularly basis.
- The student commits to take part at least three times a term in extra-curricular events or competitions on Thursday afternoons (LASEL).





Organisation

- Through the whole of the school year, pupils in multisport classes take part in gym classes and extra-curricular activities aimed at improving sporting performances, social skills, development of interpersonal skills while witnessing the positive effects of sports on health in general.
- Alongside the gym classes, cross-curricular content is integrated into the various subjects to create links between compulsory education and the pupils' own interests.
- During project week, multi-sports classes carry out a sports project.
- In Year 7, pupils have 4 physical education lessons, in Year 6, pupils go on a "classe verte" trip and in Years 5 and 4, pupils go on a ski camp.

Inscription

- Please do put a note stating that the pupil wishes to attend a multi-sports class at the bottom of the 1st page of the Application form for a class in Year 7... received from the teacher.
- Do also add a letter of motivation from the pupil to the application form.

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